

## **Kore Studios - Online Waiver & Agreement Form**

Before attending your first Reformer Pilates class at Kore Studios, you must read and agree to the following:

### **1. Acknowledgement of Risks**

I acknowledge that Reformer Pilates involves physical activity and carries inherent risks, including but not limited to muscle strains, equipment-related injuries, and aggravation of pre-existing conditions.

### **2. Health and Medical Conditions**

I confirm that I am in good health and physically able to participate in Pilates classes.

I will notify instructors of any injuries, medical conditions, or concerns before class.

### **3. Release and Waiver of Liability**

I agree to release Kore Studios and its instructors, staff, and affiliates from any liability related to injury, illness, or damages arising from participation, whether caused by negligence or otherwise.

### **4. Indemnification**

I agree to indemnify Kore Studios against any claims or costs arising from my participation in classes.

### **5. Photography & Media Release (Optional)**

I consent to the use of photos or videos of me taken during classes for marketing or social media.

I do not consent to photo or video use.

### **6. Cancellations and Studio Policies**

I have read and understood Kore Studios' cancellation, lateness, and studio policies.

### **Digital Signature & Acknowledgment**

Full Name: \_\_\_\_\_

Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

By checking this box, I confirm I have read and agree to all terms above. This checkbox serves as my digital signature.